

SECTION B – ATHLETE HEALTH INFORMATION *Required once every three (3) years for all athletes.*

Please print clearly in blue or black ink.

MEDICAL HISTORY

IMPORTANT: Any significant change in the athlete's health or condition should be reviewed by a licensed examiner before further participation.

	Yes	No		Yes	No
1. Heart Disease/Heart Defect/High Blood Pressure	<input type="checkbox"/>	<input type="checkbox"/>	14. Allergy to the following (be specific)	<input type="checkbox"/>	<input type="checkbox"/>
2. Chest Pain or Fainting Spells	<input type="checkbox"/>	<input type="checkbox"/>	Medicine _____	<input type="checkbox"/>	<input type="checkbox"/>
3. Seizures/Epilepsy	<input type="checkbox"/>	<input type="checkbox"/>	Foods _____	<input type="checkbox"/>	<input type="checkbox"/>
4. Diabetes	<input type="checkbox"/>	<input type="checkbox"/>	Insect Sting/Bite _____	<input type="checkbox"/>	<input type="checkbox"/>
5. Down Syndrome	<input type="checkbox"/>	<input type="checkbox"/>	15. Special Diet _____	<input type="checkbox"/>	<input type="checkbox"/>
Have cervical spine (neck bone) x-rays been done	<input type="checkbox"/>	<input type="checkbox"/>	16. Exercise induced wheezing	<input type="checkbox"/>	<input type="checkbox"/>
Atlanto Axial Instability	<input type="checkbox"/>	<input type="checkbox"/>	17. Tendency to bleed easily	<input type="checkbox"/>	<input type="checkbox"/>
6. Parent/Sibling (under 40) died of heart disease	<input type="checkbox"/>	<input type="checkbox"/>	18. Emotional/psychiatric/behavioral problems	<input type="checkbox"/>	<input type="checkbox"/>
7. Absence of one kidney or testicle	<input type="checkbox"/>	<input type="checkbox"/>	19. Serious bone or joint disorder	<input type="checkbox"/>	<input type="checkbox"/>
8. Concussion or serious head injury	<input type="checkbox"/>	<input type="checkbox"/>	20. Sickle cell trait or disease	<input type="checkbox"/>	<input type="checkbox"/>
9. Major surgery or serious illness	<input type="checkbox"/>	<input type="checkbox"/>	21. Hearing aid/hearing loss	<input type="checkbox"/>	<input type="checkbox"/>
10. Heat stroke/exhaustion	<input type="checkbox"/>	<input type="checkbox"/>	22. Contact lenses/eyeglasses	<input type="checkbox"/>	<input type="checkbox"/>
11. Other problem that would interfere w/ sports participation	<input type="checkbox"/>	<input type="checkbox"/>	23. Dentures/false teeth	<input type="checkbox"/>	<input type="checkbox"/>
List _____			24. Immunizations (shots) are up-to-date	<input type="checkbox"/>	<input type="checkbox"/>
12. Impaired motor ability	<input type="checkbox"/>	<input type="checkbox"/>	25. Date of last tetanus shot	<input type="checkbox"/>	<input type="checkbox"/>
13. Uses a wheelchair	<input type="checkbox"/>	<input type="checkbox"/>	_____ / _____ / _____		

ADDITIONAL COMMENTS

MEDICATIONS Please print medication name, amount, date prescribed and number of times per day medication needs to be taken

PERSON COMPLETING FORM (normally parent/guardian or adult athlete) _____

Signature Date

IF HISTORY SIGNED BY ADULT ATHLETE – I have reviewed the health history with the athlete whose signature appears above

Signature _____ Date _____ Relationship to athlete (family member, friends, coach) _____

SECTION C - MEDICAL CERTIFICATION *Required once every three (3) years for all athletes.*

MUST BE PERFORMED AND COMPLETED BY A LICENSED MEDICAL EXAMINER (PHYSICIAN, PHYSICIAN ASSISTANT, OR CHIROPRACTOR)

EXAMINER'S NOTE: If the athlete has Down Syndrome, the Agoura Aquatics Foundation requires a full radiological examination establishing the absence of Atlanto-Axial Instability before he/she may participate in sports or events which, by their nature may result in hyperextension, radical flexion or direct pressure on the neck or upper spine. The sports and events for which such a radiological examination is required are: gymnastics, pentathlon, butterfly stroke in aquatics, diving start in aquatics, high jump, & soccer (football).

BRIEF EXAM: HT _____ WT: _____ PULSE: _____ B.P. _____ ENT: _____ HEART: _____ LUNGS: _____

I have reviewed the above health information and examined the athlete named in the application, and certify there is no medical reason available to me which would preclude the athlete's participation in Agoura Stingrays/Sharks.

RESTRICTIONS _____

Examiner's Signature _____ Date: _____

Examiner's Name _____ Phone (____) _____

Address _____ City _____ Zip _____